**Courses for Risk Management and Governance**:

1. **Cybersecurity Fundamentals** by University of Maryland, College Park (Coursera)
   * This course covers essential cybersecurity concepts, including risk management principles relevant to governance.
2. **Introduction to Cyber Security Specialization** by New York University (Coursera)
   * This specialization includes courses covering risk management topics such as security controls and governance practices.
3. **Cybersecurity for Managers: A Playbook** by MIT Sloan School of Management (edX)
   * This course provides a managerial perspective on cybersecurity, focusing on governance, compliance, and risk management.
4. **Certified Information Systems Security Professional (CISSP) Certification Training** (Simplilearn)
   * While primarily focused on certification preparation, the CISSP covers domains such as risk management, security governance, and legal and regulatory issues.
5. **Introduction to Cybersecurity for Business** by University of London (Coursera)
   * This course is tailored for business professionals and covers cybersecurity principles relevant to governance, compliance, and risk management.

**Courses for Cybersecurity Analyst**:

1. **Ethical Hacking and Penetration Testing** by The Cyber Mentor (Udemy)
   * This hands-on course focuses on penetration testing techniques, which are essential for cybersecurity analysts to identify and exploit vulnerabilities.
2. **CompTIA Security+ Certification Training** (Cybrary)
   * The CompTIA Security+ certification covers a wide range of cybersecurity topics, including threat detection, incident response, and security analytics, relevant for cybersecurity analysts.
3. **Cybersecurity MicroMasters Program** by Rochester Institute of Technology (edX)
   * This program includes courses covering cybersecurity analysis topics such as threat detection, digital forensics, and incident response, suitable for aspiring cybersecurity analysts.
4. **Cybersecurity Specialization** by University of Washington (Coursera)
   * This specialization includes courses covering various aspects of cybersecurity analysis, such as threat detection, vulnerability management, and security analytics.
5. **Advanced Cybersecurity Specialization** by University of Colorado System (Coursera)
   * This specialization likely covers advanced topics in cybersecurity analysis, such as advanced threat detection techniques, security analytics, and digital forensics.

These courses provide a structured approach to learning either risk management and governance principles or cybersecurity analysis techniques, depending on your focus area and career aspirations.